

CASTLEGAR

ADMISSION, HOURS + SCHEDULES

July 1st to
September 1st, 2024



To view the guide and register online visit rdck.ca/recreation or call 250.365.3386



SUMMER HOURS

July 2 – September 1, 2024

POOL CLOSURE July 13, 14.

ANNUAL SHUT DOWN August 24 -September 8.

Hours of Operation are subject to change

	SUN	MON	TUE	WED	THU	FRI	SAT
AQUATIC CENTRE	9:00am - 4:00pm	6:00am - 8:00pm	6:30am - 8:00pm	6:00am - 8:00pm	2:00pm - 8:00pm	6:00am - 8:00pm	9:00am - 4:00pm
FITNESS CENTRE	9:00am - 4:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	9:00am - 4:00pm

POOL ENTRANCE AGE: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arm's reach of a parent or guardian 16 years of age or older.

GENERAL ADMISSION RATES

	DROP-IN	10-PUNCH*
Child (0-4)	Free	-
Youth (5-18)	\$3.88	\$34.96
Adult (19-74)	\$7.77	\$69.91
Golden Guest (75+)	Free	-
Family (2 adults and up to 4 dependent children)	\$15.54	-

Prices do not include taxes. *10-punch passes expire 12 months from date of purchase

- Leisure Access Program rates apply.
- Reservations are available for specific programs in advance.
- Youth 13-15 years of age are required to participate in the Youth Weight Room orientations before they can access the Fitness Centre.

ACTIVE PROGRAM

The Active Program is a time-based membership that gives pass-holders unlimited general admission to: Public Swim, Lane Swim, Hot Tub, Fitness Centre, Included w/Admission group fitness classes, Public Skate, and Shinny Hockey. Prices do not include tax.

	ACTIVE PROGRAM FEES		
	1 Month	3 Month	6 Month
Adult	\$69.91	\$178.28	\$314.61
Youth	\$34.96	\$89.14	\$157.31
2nd Adult	\$62.93	\$160.46	\$283.15
2nd Youth	\$31.46	\$80.23	\$141.57

Terms and conditions: To receive 2nd Adult or 2nd Youth pass discounts, pass holders must reside in the same household and must be purchased at the same time and of the same duration as regular Adult or Youth passes.

HOLIDAY HOURS

HOLIDAY CLOSURES

Canada Day
BC Day
Labour Day
Truth & Reconciliation Day

HOLIDAYS OPEN

1:00-5:00pm
Thanksgiving Day

LEISURE ACCESS PROGRAM

This program provides low income families and individuals in our community with an opportunity to participate in recreation programs and services.

Residents of the RDCK are eligible for this program. It is based on the combined annual household income and must be re-applied for each year.

The program is undergoing changes to increase access for RDCK residents. All current pass holders for the 2023/2024 season, will have their pass extended until Aug 31, 2024. New application and program details will be available later in the summer.

POOL SCHEDULE

July 2 – August 23, 2024

All are welcome all pool basins are available, name of swim indicates pool layout.
Schedule is subject to change.

SWIMMING POOL CLOSURES

July 1 All Day | July 6 1:45 - 4pm
July 13/14 All Day | August 5 All Day
August 24-September 9 (Reopen)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LAPS & LEISURE 6:00-8:00am	LAPS & LEISURE 6:30-8:00am	LAPS & LEISURE 6:00-8:00am			
	AQUAFIT 9:00-10:00am	SPORTS GROUPS 8:00-9:00am	AQUAFIT 9:00-10:00am		AQUAFIT 9:00-10:00am	
LAPS & LEISURE 9:00am-12:00pm	LEADER-SHIP COURSES 9:30am-4:00pm	AQUAFIT 9:00-10:00am	LEADER-SHIP COURSES 9:30am-4:00pm		LEADER-SHIP COURSES 9:30am-4:00pm	LAPS & LEISURE 9:00am-12:00pm
	SWIM LESSONS 9:30am-12:30pm	LEISURE SWIM 6:30am-8:00pm	LEISURE SWIM 6:00am-8:00pm		SWIM LESSONS 9:30am-12:30pm + 2:00-6:00pm	HYDRO-BEAT 9:30-10:30am
FUN SWIM 12:00-4:00pm	LEISURE SWIM 6:00am-8:00pm	SWIM LESSONS 9:30am-12:30pm + 2:00-6:00pm	LEISURE SWIM 6:00am-8:00pm		LEISURE SWIM 6:00am-8:00pm	SWIM LESSONS 10:00am-12:00pm
	SPORTS GROUPS 4:00-7:30pm	SPORTS GROUPS 4:00-7:30pm	SPORTS GROUPS 4:00-7:30pm	SWIM LESSONS 2:00-6:00pm		FUN SWIM 12:00-4:00pm
				LAPS & LEISURE 2:00-8:00pm	GENTLE CARDIO 2:15-3:15PM	
					SPORTS GROUPS 4:00-7:30pm	

POOL ENTRANCE AGE: Children 7 years of age and older can access the pool without adult supervision.
Children 6 years of age and under must be within arm's reach of a caregiver 16 years of age or older that is the water providing active supervision.

LAPS & LEISURE: 3 lap lanes, and hot areas will be available	BIG FEATURE SWIM: Join our Fun Experts, the Big Red dog, Wibit or water walk will be out on the 1st and 3rd Sunday of each month, you will get to play with all the fun equipment and new friends too.
LEISURE SWIM: Limited space due to programs in effect, a lap lane and hot areas available.	
FUN SWIM: A feature will be open, either slide, climbing wall or rope swing.	
Hydrobeat**: Pre- registered	

FITNESS SCHEDULE

July 2 - August 30, 2024

Included with Admission or Active Pass

Pre Registered Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:10 - 7:00am RISE AND SHINE TOTAL BODY			6:10 - 7:00am RISE AND SHINE TOTAL BODY		
7:15 - 8:00 am TRX STRENGTH AND FLEXIBILITY		7:15 - 8:00am TRX STRENGTH AND FLEXIBILITY	7:15 - 8:00 am TRX STRENGTH AND FLEXIBILITY		
8:30 - 9:30am WEIGHT ROOM CIRCUIT	9:00 - 10:00am STEP	8:30 - 9:30am WEIGHT ROOM CIRCUIT	9:00 - 10:00am STUDIO CIRCUIT	9:00 - 10:00am STEP	
9:00 - 10:00am BALANCE & MOBILITY	10:15 - 11:45 am HEALTH & RECOVERY <i>Weight Room</i>	9:00 - 10:00am BALANCE & MOBILITY	10:15 - 11:45 am HEALTH & RECOVERY <i>Weight Room</i>		
4:00-4:30 pm YOUTH FITNESS CENTRE ORIENTATIONS				4:00-4:30 pm YOUTH FITNESS CENTRE ORIENTATIONS	
	5:30 - 6:15PM CORE STRENGTH AND CONDITIONING		5:30 - 6:15pm TRX		

**Participants must be 15 years of age to attend classes.

Registration for included with admission programs, within 24 hours of a program start time, is only available to those who have purchased a 1, 3, or 6 month Active Pass time-based-membership or Golden Guests.

In-person registration is required, for users who do not have a 1, 3, or 6 month Active Pass time-based membership, one hour prior to the program start time. If you do not have a time-based-membership, you can no longer call the front desk to register.

